



Player's Code of Conduct



I pledge to respect the following points as I take part in the JBMHL/JBMBL season:

- Be present and punctual at all my team's activities;
- Be responsible and respect my Association and Team's rules;
- Respect my teammates, coaches, managers, opponents, officials and the fans while accepting that these elements are essential to my development;
- Adopt a positive attitude and respect the decisions and requirements my team has taken and put in place.
- Be respectful, avoid using foul language and demonstrate responsible behaviour;
- Control my emotions no matter how stressful the situation that arises during games, including calls from referees and linesmen.
- Take care of the equipment and material placed at my disposal;
- Apply the instructions and game plans established by the coach;
- Maintain good physical and mental condition to always provide an honest and sustained effort while playing;
- Foster team spirit by providing the same consideration and cooperation to all my teammates;
- Notify coaches if you should be late or absent;
- Respect the property of others, avoid any theft and acts of vandalism;
- Use all social media in a respectful and ethical way towards my teammates, Coaches and Managers. I will not use social media to provoke opponents, officials or any other member of the JBMHL/JBMBL within Hockey Quebec and Broomball.
- I will have **FUN** at all my team functions.

I understand that failure to respect or follow these items mentioned above could result in sanctions by my team or the JBMHL/JBMBL disciplinary committee. After having read and understanding these codes of conduct, I pledge that I will respect these rules by signing:

Player

Date

Coach

Date